

HEALTHY BOWLS

Granola Bowl with Croissant 	14
<i>yoghurt, mixed berries, almond, granola served with coffee or tea</i>	
Berries Açaí Bowl 	14
<i>mixed berries, chia seeds, banana, granola and honey</i>	
Caesar Salad	14
<i>baby romaine Lettuce, parmesan cheese, bacon bits, hard-boiled egg, croutons, home-made caesar dressing</i>	
Healthy Home-Made Salad 	12
<i>grilled padron peppers, avocado, tomatoes, home-grown mixed salad, balsamic honey dressing</i>	
Make Your Own Salad 	14
<i>choose 1 protein, 2 greens and 3 toppings</i>	
Add on	
<i>grilled chicken</i>	5
<i>smoked salmon</i>	7
<i>streaky pork bacon</i>	5
<i>avocado</i>	5

STARTERS

Soup of the Day	10
Plain Fries 	8
Truffles Fries 	10
Crispy Chicken Drumlet	10
<i>served with mala dip</i>	
Fish Fingers	14
<i>served with tartar sauce</i>	
Prawns & Octopus Fritters 	25
<i>jalapenos, dried chorizo, shredded potatoes, cilantro, shallots topped with lemon and garlic aioli</i>	
Spiced Moroccan Beef Meat Balls with Grilled Vegetables	22
<i>baby potatoes, padron peppers, broccolini, carrots served with tomato basil coulis</i>	
Baked Buffalo Cauliflower Bites 	14
<i>served with vegan ranch dip</i>	
Stuffed Roma Tomato Confit 	16
<i>cottage cheese, kalamanta olives, fresh basil, crispy breadcrumbs, rocket salad</i>	
Smoked Mackerel & Avocado Dip 	18
<i>tomatoes, cilantro, shallots, served with nacho chips</i>	


FRESH JUICE

Classic Detox 'ABC' Juice	6
<i>(red apple, beetroot, carrot)</i>	
Green Elixir Juice	6
<i>(celery, cucumber, green apple)</i>	
Orange Glow	6
<i>(carrot, orange, ginger)</i>	
Your Choice of Fruits	6
<i>(apple, carrot, orange, beetroot)</i>	

SMOOTHIES

Avocado with Gula Melaka / Banana / Honey	7
Mango <i>(milk, yoghurt)</i>	7
Mango Strawberry <i>(milk, yoghurt)</i>	7
Strawberry Beetroot <i>(milk, yoghurt)</i>	7

COFFEE, TEA & INFUSIONS

	hot	cold
Espresso / Coffee / Latte / Cappuccino	5	6
Mocha / Chocolate	6	7
Matcha Latte	6	7
Beetroot Latte 	6	7
Earl Grey / British Breakfast / Uji Sencha / Chamomile / Peppermint	5	6
Homemade Honey Lemon	4	5
Homemade Iced Lemon Tea		6

GIN BEVERAGES

Coke / Coke Zero / Sprite / A&W	3
Fevertree; Tonic / Ginger Ale / Ginger Beer / Grapefruit / Soda / Elderflower / Mediterranean	6
Cocktail of the Day	18
Citadelle GIN (Create your Own Gin)	18

WINE & BEER

	$\frac{1}{2}$ pint	pint
Tiger Summer IPA	12	16
	13	16
Heineken		bottle
		12
MWine Sauvignon Blanc / Cabernet Sauvignon	glass	bottle
	12	58

ALL DAY DINING

Breakfast Burrito	14	Fish & Chips 	24
<i>chicken chipolata sausage, fried egg, chicken ham, avocado, tomatoes, tortilla wrap</i>		<i>served with french fries, mesclun salad, jap tartar sauce</i>	
Wagyu Beef Burger	22	Spaghetti Bolognese	16
<i>bacon, brown onions, cheddar, homemade bbq sauce, jap mayo, gherkins, tomatoes</i>		<i>spaghetti, garlic slice, parmesan cheese, parsley</i>	
Add On	3	Aglio Olio 	14
<i>sunny side up</i>		<i>sautéed mushrooms, garlic, parmesan, parsley</i>	
Crispy Cereal Chicken Bagel	16	Sole & Chorizo	22
<i>bbq sauce, mayonnaise, lettuce, tomatoes, onions</i>		<i>chorizo, courgette flowers, and vine ripe tomatoes</i>	
Smoked Salmon Scrambled Egg & Avocado Bagel	14	Lasagna Di Mama 	18
<i>scrambled egg, avocado, capers cheese mayo</i>		<i>braised beef cheeks with cepes mushrooms and truffle emulsion</i>	
		Duck Leg Confit	23
		<i>light parma ham flavoured stew navy beans</i>	